

ST TERESA'S NURSERY MENU A WEEK 1-4

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Ham and Cheese Bread and Butter Assorted desserts Apple juice Assorted yoghurts Fresh Fruit	Ham and Cheese Bread and Butter Apple juice Flake meal biscuits Assorted yoghurts Fresh Fruit	Chicken chunks with chipped potatoes Date fudge Apple Juice Fresh Fruit	Ham and cheese Bread and Butter Fruit muffin Strawberry Yoghurt Apple juice Fresh fruit	Homemade stew with Crusty Bread Ice cream tub Apple Juice Fresh Fruit
Week /Two	Oven Baked Sausages chips and Peas Homemade shortbread Apple juice Fresh fruit	Ham and Cheese Bread and Butter Apple juice Assorted yoghurts Fresh Fruit	Ham and Cheese Bread and Butter Apple juice Assorted yoghurts Fresh Fruit	Pasta bolognaise Ciabatta bread Assorted Yoghurt Apple Juice Fresh fruit	Chicken in Gravy with Mashed potato and baguette Apple Juice Sweetcorn Strawberry Mousse
Week Three					
Week Four					

www.schoolfoodni.com

Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily

If you require any additional Information on allergens or Special diets please contact the school in the first instance